



Amputation Rehabilitation Center



AT MOSSREHAB

SINCE 1959, MOSSREHAB HAS PROVIDED OUR PATIENTS WITH A BREADTH OF CLINICAL EXPERTISE UNRIVALED IN THE REGION. WITHIN OUR EXTENSIVE SYSTEM YOU'LL FIND:

- Experienced rehabilitation specialists who have been nationally recognized for their work.
- The ability to put world-class testing and treatment technologies to their best use in patient care.
- A dedicated team of professionals who work together as advocates to place patients first.
- A collective passion for excellence, continuous improvement and commitment to education.

We are uniquely committed to ensuring that every patient at every stage has access to high-quality care, education and resources from experienced medical rehabilitation physicians and clinicians, case managers and social workers to mental health professionals.

Improving function and quality of life for individuals with disabilities is what drives all of us, every day.



The MossRehab Amputation Rehabilitation Center

At MossRehab, we recognize that you never stop wanting to improve your abilities.

Our specialists have helped more patients with amputation achieve better results than any other rehabilitation facility in the region. The change in our patients' functional independence measure (improvement in functional mobility) from admission to discharge consistently exceeds those outcomes of persons treated in other rehabilitation facilities in the region and nation.

Our clinicians focus exclusively on amputation rehabilitation, and are widely called upon to teach at leading universities around the nation. Our multidisciplinary expertise, coupled with some of the most innovative technology available, empowers our team to make perceptive evaluations, develop targeted treatment plans and set ambitious goals for recovery. The team includes physiatrists—physicians who specialize in physical medicine and rehabilitation; rehabilitation nurses; physical, occupational and recreational therapists; case managers; psychologists; prosthetists and others as needed.

We are proud to be one of the only centers in the region to be accredited for both our inpatient and outpatient amputation services by the Commission on Accreditation of Rehabilitation Facilities. This means that our patients receive care based on best practices at every point along their journey of recovery.

The Commission on Accreditation of Rehabilitation Facilities is the foremost international accrediting body of rehabilitation providers. By achieving accreditation, MossRehab has demonstrated that it meets international standards for quality and is continually pursuing excellence in rehabilitation.

A LIFETIME OF CARE

THE LOSS OF A LIMB CAN BE A TRAUMATIC EXPERIENCE, affecting an individual both emotionally and physically. MossRehab's team of experienced specialists and renowned treatment programs can ease the transition to a new way of living, and provide support at every step.

Whether you arrive at MossRehab for inpatient or outpatient rehabilitation, with an upper or lower extremity or multi-limb amputation, our treatment team works together with patients, their families and referring physicians to maximize recovery. Each team member has specialized training and knowledge in amputation rehabilitation and prosthetics. We utilize a multistep approach that includes preparation for using a prosthesis, training with the prosthesis and access to lifetime follow-up.

Pre-prosthetic Phase (inpatient or outpatient)

The best results occur when we start therapy before the prosthetic limb is fitted. That can include the period leading up to amputation. Therapy focuses on preventing complications post-surgery and strengthening and preparing the patient for a prosthesis while the limb is healing.

Prosthetic Training (inpatient, outpatient, or day hospital)

Once a patient is fitted for a prosthesis, treatment focuses on training for its use, regaining optimal mobility, increasing endurance and maximizing comfort and function. We have extensive understanding and resources to address pain and the relearning of daily living skills.

Our treatment team believes a combination of individual and group therapy sessions is most successful in the rehabilitation of our patients. Individual therapy allows patients to work one-on-one with our therapists to focus



on specific personalized needs and goals, such as walking or arm function. Group therapy allows patients with similar issues to work with our clinical staff and each other, which is instrumental in providing support and inspiration throughout the rehabilitation process.

Community and Vocational Re-entry

At MossRehab, we know that there's more to rehabilitation than the ability to simply function. We have an extensive community and vocational re-entry program that individualizes therapy, focusing on important skills to help patients get back to work or play.

Ongoing Support

Our commitment to our patients extends throughout the remainder of their lives. Patients maintain an ongoing relationship with their rehabilitation physician to assist with obtaining future prosthetics as well as addressing and preventing future complications related to prosthetic use.

Pain management and psychological and counseling services are also available on an ongoing basis.

SPECIALIZED SERVICES

MOSSREHAB OFFERS AN EXTENSIVE

number of specialized services designed to help persons with amputation overcome a specific clinical challenge, re-learn a specific skill or build upon their current abilities. At whatever point a patient is in the rehabilitation process, we have the team, tools and technology to help. Below are just a few of the services available.

The **Sheerr Gait and Motion Analysis Laboratory**

helps physicians identify the causes of walking problems in patients using prostheses. Computerized diagnostic equipment helps provide recommendations for appropriate prostheses, as well as optimal fit and alignment. MossRehab is the only rehabilitation provider in the Philadelphia region to have this specialized laboratory.

The **MossRehab Driving Program** is a state-licensed program approved by Pennsylvania, New Jersey and Delaware. Driving instructors, certified by the Association for Driver Rehabilitation Specialists, work with individuals to assess functional abilities and reaction time and recommend any changes in vehicle operation that may be required, such as hand levers instead of foot pedals. They also conduct driving evaluations and provide on-road driver training to make driving possible and comfortable for qualified persons.

The **Amputation Abilities Group** is a monthly support group for, and run by, people with amputation and their families. The goal is to provide peer support, education and advocacy for people with limb loss. Topics range from travel to nutrition, adaptive devices, hobbies and more.

The **Peer Visitor Program** through the Amputation Coalition of America offers certified peer visitors to help guide persons with new amputation to transition to living with an amputation. They will share their own experiences and offer helpful insight and tips for recovery.

Prosthetic and Orthotic Services

We have a close relationship with certified prosthetists and orthotists who work within the hospital and are available daily for needed adjustments.

We recognize that choosing a prosthetic vendor is an important and personal decision. Our treatment team works with all prosthetic providers, and will work to communicate and interact with your prosthetist to ensure a cohesive treatment approach.

Research

By collaborating with major manufacturing companies, the MossRehab Amputation Rehabilitation Program is committed to researching new prosthetic devices and interventions that result in improved outcomes for our patients. We share this knowledge by presenting, educating and publishing our findings.

Contact Us to Get Started

To learn more about the Amputation Center, contact us at 1-800-CALL MOSS (225-5667).

A Long History of Rehab

Since the 1970s, MossRehab has worked diligently in the research and development of clinical interventions to improve the lives of persons with limb amputation and is a leader in the treatment of complex upper and lower limb amputations.

For over 20 years, MossRehab, part of Einstein Healthcare Network, repeatedly ranks among the nation's "Best Hospitals" for rehabilitation by *U.S. News & World Report*.



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MossRehab.com

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